

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

أَلْحَمْدُ لِلَّهِ كَمَا هُوَ أَهْلُهُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ وَدِدِ أَدَمَ كَمَا يُحِبُّ وَيَرْضَى بِأَنْ يُصَلَّى عَلَيْهِ

Allah Almighty, in Whose Name we begin, The Most Compassionate,

The Most Merciful

All Praise is due to Allah Almighty, Countless Peace and Blessings be upon  
His Beloved Messenger – *may Allah's peace and blessings be upon him* – his family & his  
companions – *may Allah be pleased with them all*

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## The Holy Prophet slept on a Mat

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Imam Abid Dunya - *may Allah be pleased with him*, through a long chain of narrators, records that the Holy Prophet - *may Allah's peace and blessings be upon him* - has stated that, "What connection do I have with the world? The similitude of the world with me is like a traveller who sits under a tree on a hot day and rests. He then leaves (this place and carries on with his journey). (Kitabuz Zuhr, Imam Waqee, Musnad Ahmed, Ibn Maja, Tirmidi, etc)

The same is recorded through Hadrat Sayyiduna Abdullah ibn Abbas - *may Allah be pleased with them* - who mentions that once, Hadrat Sayyiduna 'Umar - *may Allah be pleased with him* - approached the Holy Prophet - *may Allah's peace and blessings be upon him* - and the Holy Prophet - *may Allah's peace and blessings be upon him* - was

laying on a piece of mat. The signs of this mat were visible on the blessed body of the Holy Prophet - *may Allah's peace and blessings be upon him*.

(In other words, this was not a soft piece of carpet or mat). Hadrat Sayyiduna 'Umar - *may Allah be pleased with him* – said to him that he could have rested on a soft bed instead. However, the Holy Prophet - *may Allah's peace and blessings be upon him* - replied, “What connection or relationship do I have with the world? I swear by that Divine Being in whose Power is my life! The similitude between me and the world is like that traveller who travels on a hot day. He then spends a little time under the shadow of a tree, thereafter he leaves it and moves on.” (Musnad Imam Ahmed).