

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

أَلْحَمْدُ لِلَّهِ كَمَا هُوَ أَهْلُهُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ وَدِدِ أَدَمَ كَمَا يُحِبُّ وَيَرْضَى بِأَنْ يُصَلَّى عَلَيْهِ

Allah Almighty, in Whose Name we begin, The Most Compassionate,  
The Most Merciful

All Praise is due to Allah Almighty, Countless Peace and Blessings be upon  
His Beloved Messenger – *may Allah's peace and blessings be upon him* – his family & his  
companions – *may Allah be pleased with them all*

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## The Food of Jannah

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Hadrat Sayyiduna Abu Sa'eed Khudri - *may Allah be pleased with him* - narrates that Sayyiduna Rasoolullah - *may Allah's peace and blessings be upon him* - has stated that, "On the day of Judgement, the world will become like a piece of bread. And Allah Almighty will take this piece of bread (as is fit for His Divine Eminence) and as you take bread on a journey. He will then entertain the people of Jannah.

Suddenly a Jew appeared and said, 'O Abul Qasim! May Allah send Mercy on you. Can I reveal that on the Day of Judgement what the Ahle Jannah will be entertained with?'

He replied yes.

The Jew replied, 'On the Day of Judgement, the entire earth will become like a piece of bread as you have said first.'

He then looked at this person and began to smile to such an extent that his blessed teeth became visible.

The person then asked, 'What would be the gravy or food of the Ahle Jannah?' He asked the person to reveal this also.

The person replied, 'It will be the heart (or liver) of the cow and fish in the form of a kabbab which seventy thousand people will eat together (at one sitting). (Sahih Bukhari, Sahih Muslim)