

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَنِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الْحَمْدُ لِلَّهِ كَمَا هُوَ أَهْلُهُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ أَدَمَ كَمَا يُحِبُّ وَيُرْضِي بَأْنُ يُصْلِي عَلَيْهِ

Allah Almighty, in Whose Name we begin, The Most Compassionate,

The Most Merciful

All Praise is due to Allah Almighty, Countless Peace and Blessings be upon  
His Beloved Messenger – *may Allah's peace and blessings be upon him* – his family & his  
companions – *may Allah be pleased with them all*

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## Lesson in Sabr and Shukr

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One day, the famous Sufi, Hadrat Sayyiduna Shaqeeq Balkhi – *may Allah be pleased with him* – decided to disguise himself and visit another famous Sufi, namely Hadrat Sayyiduna Abdullaah ibn Mubaarak – *may Allah be pleased with him*.

Hadrat Sayyiduna Abdullaah ibn Mubaarak – *may Allah be pleased with him* – asked him, “Where have you come from?”

He replied, “I have come from Balkh”.

Hadrat Sayyiduna Abdullaah ibn Mubaarak – *may Allah be pleased with him* – asked him, “Do you know Shaqeeq Balkhi?”

He replied that indeed he knew Shaqeeq Balkhi.

Hadrat Sayyiduna Abdullaah ibn Mubaarak asked, “What is the behaviour of these people?”

He replied, “Their behaviour is such that when they do not receive anything, they make Sabr and when they do get anything, they make Shukr to Allah Almighty.”

Hadrat Sayyiduna Abdullaah ibn Mubaarak - *may Allah be pleased with him* - replied, “This is the state and condition of the dogs in our area. If no one gives them anything, they make Sabr and when someone gives them anything, they wag their tails displaying thanks and gratitude.”

Hadrat Shaqeeq Balkhi - *may Allah be pleased with him* - then asked, “How should they then behave?”

Hadrat Sayyiduna Abdullaah ibn Mubaarak - *may Allah be pleased with him* - replied, “If they receive nothing, they should make Sabr and if they receive anything, then they should give this away to others”. (Tafseer Ruhul Bayaan, 4/365)