

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

أَلْحَمْدُ لِلَّهِ كَمَا هُوَ أَهْلُهُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ وَدِدِ أَدَمَ كَمَا يُحِبُّ وَيَرْضَى بِأَنْ يُصَلَّى عَلَيْهِ

Allah Almighty, in Whose Name we begin, The Most Compassionate,

The Most Merciful

All Praise is due to Allah Almighty, Countless Peace and Blessings be upon
His Beloved Messenger – *may Allah's peace and blessings be upon him* – his family & his
companions – *may Allah be pleased with them all*

Don't be attached to this World

Ibn Abid Dunya through a long chain of narrators report from Abul Asad Sahl who states that, “It is said that a person who wishes to combine both the word and the Hereafter is like that slave who has two masters. He is always worried about who he should please.” (Bahjatul Majaalis)

Ibn Abid Dunya from Sa'eed bin Abu Bardah who once wrote to someone that, “O Abu Moosa! In the world, only that fitnah has remained which was expected and those tests and trials which will place a person in grief and stress.” (Hulyatul Awliyah; Kitaab Az Zuhd). In other words, there is nothing else which is to be found in this world.

Ibn Abid Dunya reports for Hadrat Sayyiduna Hasan Basri - *may Allah be pleased with him* - who mentions that, “That person who loves the world and its joys, fear for the

Hereafter disappears from his heart. That person who seeks knowledge and also seeks the world, with Allah he is a cursed person and will increase in this.” (Hulyatul Awliyah. Bahjatul Majaalis)

Ibn Abid Dunya from Ibn Mehraan who mentions that, “The entire world is very little and only a small part of this little portion has remained and very little is still available.”

Ibn Abid Dunya mentions that someone once stated that, “The world is indeed very small and even smaller than small even though it may look very huge and large. There is no doubt that it will appear looking very beautiful in front of you but it will take you from peace and tranquillity and place you in stress and trial. Real peace and tranquillity is with Allah where there would be no trial and tribulation.”

Ibn Abid Dunya reports from Hadrat Sayyiduna Abdullah ibn Mas’ud - *may Allah be pleased with him* - who has mentioned that there are many examples of the world in the world itself. (Kitaab Az Zuhd). In other words, you merely have to look around and you will find examples all around you.

Ibn Abid Dunya reports from Hadrat Sayyiduna Sa’eed bin Abi Saeed - *may Allah be pleased with him* - who reports that once a person asked the Holy Prophet - *may Allah’s peace and blessings be upon him*, “O Prophet of Allah! How can I perceive whether I am in a good state of a bad state?” The Holy Prophet - *may Allah’s peace and blessings be upon him* - replied, “When you see that when you seek something for the Hereafter it becomes easy and when you seek anything material, it becomes difficult to achieve, then you should understand that you are in a good state. And if you are opposite to this, then you are in a bad state.” (Kitaab Az Zuhd)

Ibn Abid Dunya reports from Imam Sirri bin Yan’am who was among the famous Saints from Syria and who has stated that, “There is complete destruction for the person who loves the world. How can you love something which is disliked by Allah Almighty?”

Ibn Abid Dunya reports from Imam Sufyan Thouri - *may Allah be pleased with him* - who mentions that Hadrat Sayyiduna ‘Umar - *may Allah be pleased with him* - has stated that, “If you are attracted to the Hereafter and you also acquire a few material things, then you should not be worried about it.”

Ibn Abid Dunya reports from Ahmed bin Moosa Saqafi who explains that, “A jaahil is someone who does not restrict himself from those actions which are prohibited. He is always in a state of oblivion. Day and night he is busy in sport and play. He is unaware that tomorrow he will have to face trial and tribulation. I was once walking past a large mansion which was covered in sin and transgression. There was a corpse laying on a bed and when I inquired from people who this person was they mentioned that it was a King who was very boastful. I noticed that there was a black cloth on the door as a sign of grief and his female servants were wailing. They were also breaking all the musical instruments present. Therefore, wherever you live, be careful. Do not become attached to it and understand its reality.”