

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الْحَمْدُ لِلَّهِ كَمَا هُوَ أَهْلُهُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ وَلَدِ آدَمَ كَمَا يَحِبُّ وَيَرْضَى بِأَنْ يُصَلَّى  
عَلَيْهِ

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## Five Beloved Practices of Hazrat Sayyiduna Abu Bakr Siddeeqe

May Allah Be Pleased With Him

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Once, Hazrat Ali – may Allah be pleased with him – asked Hazrat Abu Bakr Siddeeq – may Allah be pleased with him, “Tell me, what has elevated you to such high status?”

Hazrat Abu Bakr – may Allah be pleased with him replied, “It is due to practicing five things:

1. I found there are two types of people:
  - a) Who are after the world
  - b) Who strive for the hereafter

I have strived to connect to Allah Almighty.

2. From the time I have become Muslim I have not eaten a full stomach meal, for the flavour of knowledge of truth has left for no appetite for the worldly foods.
3. I have not drunk water to the capacity since I have become Muslim for I have been satisfied with the drink of Allah’s love.
4. Whenever I have a choice between a worldly priority and the one of the hereafter, I gave preference to the latter and did not care about the worldly task.

5. I had been in the company of the Holy Prophet – may Allah send peace and blessings upon him – and this companionship was very great.

(Nuzhatul Majaalis, Vol. 2, p. 304)

**Lesson:**

It is for this reason that Hazrat Sayyiduna Abu Bakr Siddeeq – may Allah be pleased with him – is the greatest ‘Aarif of Allah in the Ummah and His lover, the most pious and the beloved companion of the Holy Prophet – may Allah send peace and blessings upon him, his Noble Household and all his Companions.